



## ADELAIDE

Adelaide is a new city in an old land. Founded as a British colony in 1836, and now the capital of South Australia. Today, its rich mix of diverse cultures lives together in a relaxed and cosmopolitan lifestyle. Not only is Adelaide full of green parks but it has 30km of beaches stretching along its suburbs. The city is famous for its al fresco eating culture and is the centre of the Australian wine industry, with some of the best food and drink in the world.



## BARS & NIGHTLIFE



Bars, pubs and hotels can be found all over Adelaide, as drinking beer and wine is something of an Aussie national pastime. Many of these establishments are housed in fine historic buildings and also offer good local food.

Nightlife in Adelaide is confined to certain streets with parts of the centre becoming quite deserted in the evening. The centres of the action are Hindley Street with its brasher, neon-lit strip and Rundle Street with its more bohemian pubs and bars. The beach suburb of Glenelg also has a lively, youthful scene.

### CAMBRIDGE BALCONY BAR

With a balcony overlooking O'Connell Street, Cambridge Balcony Bar invites you to a fun evening with you friends. Shoot some pool and enjoy a cold beer at the cool fire places in the middle of the venue.

106 O'Connell Street, North Adelaide  
+61 8 8361 9779  
[www.cambridgebalconybar.com](http://www.cambridgebalconybar.com)

### APOTHECARY 1878

Apothecary 1878 is a stylish place with high quality wine, beer and spirits. This is one of the best wine bars in Adelaide and the food follows the same quality standard.

118 Hindley Street, Adelaide  
+61 8 8212 9099  
[www.theapothecary1878.com.au](http://www.theapothecary1878.com.au)

### HQ COMPLEX

This is Adelaide's dance music super club offering everything from retro disco to house and hip-hop. HQ Complex is huge, a three-story night club and offers four main areas, each with different types of music. There are 10 bars including a cocktail bar, a lounge and outside beer garden.

1 North Terrace, Adelaide  
+61 8 7221 1245  
[www.hqcomplex.com.au](http://www.hqcomplex.com.au)

### APPLE BAR

The two opulent levels of Apple are finished with sleek edges and furnished with luxurious European décor, while a grand internal balcony gives an intimate view to three dazzling crystal chandeliers. These magnificent centrepieces cascade from ornate cathedral ceilings to the main dance floor below, creating a truly unique atmosphere.

5-9 Synagogue Place, Adelaide  
+61 8 8223 7753  
[www.theapplebar.com.au](http://www.theapplebar.com.au)

### ANCIENT WORLD

Ancient World is a hidden gem in the city and definitely one of those places that you do not want to miss out on. Try their whiskey from Tasmania, the Mexican cola Jarritos, and put your signature on the bathroom door, it is actually encouraged!

116A Hindley Street, Adelaide

### THE AUSTRAL

This fine pub in the heart of Rundle Street is something of an Adelaide institution and has an excellent menu of modern Australian food. The Austral is a great place to enjoy local and international ales and live entertainment.

205 Rundle Street, Adelaide  
+61 8 8223 4660  
[www.theaustral.com.au](http://www.theaustral.com.au)

### THE OXFORD

The Oxford is a classic Adelaide public house and has great food and drinks in one of the best pub dining rooms in the city. The atmosphere is casual and relaxing, a great place for after work drinks. Friday and Saturday night DJ's are playing your favourite tunes.

101 O'Connell Street, Adelaide  
+61 8 8267 2652

## THE STAG HOTEL

Upstairs at this historic Adelaide hotel there is a dance night on Fridays and Saturdays. DJ's are playing music like R&B and Club hits to get you up on the dance floor.

299 Rundle Street, Adelaide  
+61 8 8223 2934

[www.staghotel.com.au](http://www.staghotel.com.au)

## THE UNION

Every Saturday night the DJ's are spinning funk, house, pop and rock at The Union. By the 30 metre long bar you can drink a cold beer or a tasty cocktail. There are about 12 beers on tap to choose from including imported beers and hand-crafted Australian beers.

70 Waymouth Street, Adelaide  
+61 8 8231 2144

[www.theunionhotel.com.au](http://www.theunionhotel.com.au)

## BOHO BAR

Fun and funky, restaurant by day, and bar by day and night, the Boho takes on a nightclub attitude when the DJs take the helm. This is an unusual and inviting place with delicious cocktails.

27 Unley Road, Unley, Adelaide  
+61 8 8271 5544

[www.bohobar.com.au](http://www.bohobar.com.au)

## TREASURY ON KING WILLIAM

The place to-see-and-be-seen on Friday night, Treasury On King William is trendy and up market. In the terrifically restored South Australian Treasury building, cool, crowded and definitely loud, this bar caters to a finance and government clientele.

144 King William Street, Adelaide  
+61 8 8212 0499  
[www.treasurykw.com](http://www.treasurykw.com)



## CAFES



Adelaide has a vibrant café culture and offers plenty of coffee houses dotted all over the city so all caffeine addicts need not to worry when arriving to Adelaide. There are some streets which are packed with cafés with outdoor seating like the East End of Rundle Street towards Rundle Park as well as O'Connell Street and fashionable Melbourne Street.

### HOG'S BREATH CAFÉ

For a down to earth dining experience, this café diner chain offers renowned steaks, burgers and grills. It is a family-friendly place and offers something for everyone.

127 Gouger Street, Adelaide  
+61 8 8410 4211

[www.hogsbreath.com.au](http://www.hogsbreath.com.au)

Also on 32-36 Jetty Road, Glenelg

### THE STORE

You can get the best home cooked breakfast in town at The Store. Combo café, restaurant and gourmet produce store, The Store has a warm vibe and a younger crowd at its tables. It's busy with good attitude.

157 Melbourne Street, North Adelaide  
+61 8 8361 6999

[www.thestore.com.au](http://www.thestore.com.au)

### CAFÉ PIATTO

Café Piatto is a lively café / restaurant with Italian-style located in the eastern part of the city. The menu features pasta, pizza, meat and seafood. A breakfast menu is served every day at 11.30am.

268 Rundle Street, Adelaide  
+61 8 8223 4738

### SCOOZI

You will find Scoozi Café in the heart of Adelaide's famous East End where the staff serves freshly ground coffee. Gorgeous especially in the summer, Scoozi has extensive outdoor seating and if you are feeling hungry, have a tasty wood fired pizza.

272 Rundle Street, Adelaide  
+61 8 8232 4733

[www.scoozi.com.au](http://www.scoozi.com.au)

### THE JERUSALEM SHESHKEBAB HOUSE

This is a small and bustling Lebanese café and grill serving up delicious falafel, kebabs and dips. It has been operating for more than 30 years and is a family business with a simple style.

131B Hindley Street, Adelaide  
+61 8 8212 6185

### COCOLAT

This mouth-wateringly stylish dessert café chain offers the chocolate lover an abundance of riches. The menu offers lots of tasty desserts such as blueberry muffins, chocolate brownie, rocky road, tiramisu and lots of other lovely temptations.

281-283 Rundle Street, Adelaide  
+61 8 8232 6133

[www.cocolat.com.au](http://www.cocolat.com.au)

Also on Balhannah, Adelaide Hills

## DINING



Adelaide, the home of eating out, has more restaurants per person than any other city in Australia, a nation abundant with good food and the pleasures of al fresco dining. The city's cultural mix - from Thai to Italian and Indian to Lebanese - offers a bewildering array of cuisines for you to enjoy, complemented by the incredible range of fresh vegetables, fruits, seafood and meats available in South Australia.

### STAR OF SIAM

In the heart of the city near the Central Market, this Thai restaurant is one of the best in town. Here you can enjoy great fresh produce at reasonable prices. On the menu you will find tasty dishes like Pad-Thai the national dish of Thailand and other dishes like spicy crispy prawn and pepper & garlic chili pork.

67 Gouger Street, Adelaide  
+61 8 8231 3527

[www.starofsiam-adelaide.com.au](http://www.starofsiam-adelaide.com.au)

### CHIANTI CLASSICO

The restaurant is a beautiful heritage-listed building, which has been restored with the same quality, and attention to detail that is found in the food, wine and service. The menu represents the best of Tuscan and Northern Italian dishes to be enjoyed either in the comfort of inside dining or alfresco.

160 Hutt Street, Adelaide  
+61 8 8232 7955

[www.chianticlassico.com.au](http://www.chianticlassico.com.au)

### PENFOLDS MAGILL ESTATE

Situated on the Magill Estate with panoramic views of the vineyard and city beyond, this 5-star restaurant offers modern Australian cuisine and one of the most impressive restaurant cellars in the world. The restaurant overlooks more than five hectares of Shiraz vines, which are among the most celebrated in the world - they contributed to the first vintages of Grange in the 1950s.

78 Penfold Road, Magill, Adelaide  
+61 8 8301 5400

[www.penfolds.com.au](http://www.penfolds.com.au)

### SOSTA

Carnivores will feel right at home at Sosta's but vegetarians may want to steer (get it?) clear. This restaurant is a temple for the faithful to eat spectacular steaks, chorizo, quail, rump, chicken and veal ribs. Try the Parrillada de carne for two, the mixed grill, and you won't be disappointed.

291 Rundle Street, Adelaide  
+61 8 8232 6799

[www.sostaargentiniankitchen.com.au](http://www.sostaargentiniankitchen.com.au)

### AUGE

The fare, wine list and service are first class, expect the full "linen on the table" treatment. The dishes utilise local, fresh produce and are clean, simple and elegant. Auge provides a comfortable and luxurious atmosphere.

22 Grote Street, Adelaide  
+61 8 8410 9332

[www.auge.com.au](http://www.auge.com.au)

### THE GREEK ON HALIFAX

You have arrived when you see the chimney. Reinvented into The Greek on Halifax, you have come to one of the best Greek restaurants in Australia. For starters try the pickled octopus or keftedes (spicy meatballs) or haloumi cheeses with roasted cherry tomatoes. Then move on to the the saganaki prawns or crispy whitebait.

75-79 Halifax Street, Adelaide  
+61 8 8223 3336

[www.thegreek.com.au](http://www.thegreek.com.au)

## YING CHOW

Wonderful North Chinese cuisine at reasonable prices in this bustling restaurant that offers, like many in Adelaide, BYO option.

BYO - bring your own (booze) to a restaurant.

114 Gouger Street, Adelaide  
+61 8 8211 7998

## JASMINE INDIAN RESTAURANT

Jasmine Indian Restaurant is a family-owned restaurant. This is a cosy and intimate restaurant with a menu of classic North Indian dishes from kormas to vindaloos with great vegetarian options.

31 Hindmarsh Square, Adelaide  
+61 8 8223 7837  
[www.jasmin.com.au](http://www.jasmin.com.au)

## GOOD LIFE MODERN ORGANIC PIZZA

Mixing the traditions of Adelaide's Italian community with the fantastic organic produce and free-range meat of the farms of South Australia. Also hosting private functions.

170 Hutt Street, Adelaide  
+61 8 8223 2618  
[www.goodlifepizza.com](http://www.goodlifepizza.com)  
170 Hutt Street and Level 1 Corner Jetty Road  
& Moseley Street Glenelg

## PRESS FOOD & WINE

Enjoy modern Australian cuisine at this high standard restaurant. The menu is created by the head chef Andrew Davies and it reflects the changing seasons to get that perfect taste. With your food you can choose a great wine from the extensive wine list.

40 Waymouth Street, Adelaide  
+61 8 8211 8048  
[www.pressfoodandwine.com.au](http://www.pressfoodandwine.com.au)

## MATSURI

This Japanese restaurant on bustling Gouger Street has excellent sushi, tempura, nabe and ishiyaki dishes. Take your shoes off and dine in Japanese style.

167 Gouger Street, Adelaide  
+61 8 8231 3494  
[www.matsuri-sa.com](http://www.matsuri-sa.com)

## THE OYSTER BAR

The Oyster Bar attracts oyster lovers from all over the world and no wonder why, the staff serves some of South Australia's finest oysters complemented with a perfect glass of South Australian wine. The restaurant is located in Glenelg and offers amazing waterfront views.

Shop 10 Marina Pier, Holdfast Shores, Glenelg  
+61 8 8376 3100  
[www.oysterbar.com.au](http://www.oysterbar.com.au)

## JOLLEYS BOATHOUSE

This restaurant in a converted boathouse offers fine dining on the banks of the Torrens River with contemporary Australian cuisine. The menu is changed seasonally to make sure that the best produce is used.

1 Jolleys Lane, Adelaide  
+61 8 8223 2891  
[www.jolleysboathouse.com](http://www.jolleysboathouse.com)

## VIETNAM RESTAURANT

Step inside at this family-owned restaurant with almost 29 years of colourful history. The family serves authentic fresh Vietnamese food like beef with noodles soup, hot peppered pork spare ribs and hot sour fish. The atmosphere can be described as relaxing and friendly.

73 Addison Road, Pennington, Adelaide  
+61 8 8447 3395  
[www.vietnamrestaurant.com.au](http://www.vietnamrestaurant.com.au)

## EROS OUZERI

This establishment in the heart of the café culture strip specializes in Greek mezes (platters of traditional dips and delicacies), seafood grills and marinated meats.

277 Rundle Street, Adelaide

+61 8 8223 4022

[www.erosouzeri.com.au](http://www.erosouzeri.com.au)

## DO & SEE



Adelaide is easy to get around and offers a wide variety of attractions for all ages. Here you can learn more about world-class wines, admire the beautiful Adelaide Oval and watch a sporting event, or why not learn more about the history of the country at South Australian Museum or Migration Museum. If you are longing for the beaches, take the tram to Glenelg which is a popular seaside suburb. All you need to do is to enjoy your holiday while exploring this amazing city!

### MIGRATION MUSEUM

To get a true picture of the stories of the diverse ethnic groups that now make up the South Australian people, head for this museum full of fascinating personal stories of arrival in the new colony. Plus the story of the Aboriginal people.

82 Kintore Avenue, Adelaide  
+61 8 8207 7580

[www.history.sa.gov.au](http://www.history.sa.gov.au)

Mon-Fri 10am-5pm, weekends 1pm-5pm

### CLELAND WILDLIFE PARK

Cleland Wildlife Park has been a major tourist attraction since 1967 and is a Conservation Park where you can interact with Australian wildlife. Here you can cuddle with a koala bear or hand-feed kangaroos and wallabies. It is also here you will find the famous waterfall Gully-Mount.

365 Mount Lofty Summit Road, Adelaide  
+61 8 8339 2444

[www.environment.sa.gov.au/clelandwildlife](http://www.environment.sa.gov.au/clelandwildlife)

### ART GALLERY OF SOUTH AUSTRALIA

In the heart of the austere, monumental Victorian grandeur of Adelaide's official buildings, this art gallery has a wide collection of Aboriginal art both traditional and contemporary, as well as colonial, modern Australian and British art.

North Terrace, Adelaide  
+61 8 8207 7000

[www.artgallery.sa.gov.au](http://www.artgallery.sa.gov.au)

10am-5pm daily

### SOUTH AUSTRALIAN MUSEUM

The main focus of the museum is the astonishingly ancient history of the land of Australia, with the Origin Energy Fossil Gallery displaying some of the oldest fossils in the world. You will also find extensive exhibitions of Aboriginal history.

North Terrace, Adelaide  
+61 8 207 7500

[www.samuseum.sa.gov.au](http://www.samuseum.sa.gov.au)

10am-5pm daily

### ADELAIDE OVAL

One of the most picturesque cricket grounds in the world, the Adelaide Oval is home to the West End Redbacks, South Australia's cricket team. It also hosts Aussie Rules football, rugby matches and concerts.

North Adelaide, Adelaide  
+61 8 8211 1100

[www.cricketsa.com.au](http://www.cricketsa.com.au) / [www.adelaideoval.com.au](http://www.adelaideoval.com.au)

Tours Mon-Fri 10am (except match days).

### DAY TRIP TO OVER 200 CELLARDOORS

Some of the most famous wine regions in the world are dotted across South Australia. From Shiraz in the Barossa, Riesling in the Clare Valley, to the big reds of the Coonawarra, your wine holiday will be as rich and seamless as the wines. Within an hour drive of Adelaide.

[www.southaustralia.com](http://www.southaustralia.com)

### GLENELG – POPULAR SEASIDE SUBURB



Glenelg is Adelaide's most popular beach destination. It's always buzzing with people browsing through the hundreds of shops and dining at sidewalk cafés along Jetty Road, enjoying the beach and summer entertainment.

Glenelg, Adelaide

## DOLPHIN SWIM & WATCH

Temptation Sailing takes you to the sea with a sailing catamaran. This is a tour where you get the chance to swim with wild dolphins or just watch these fascinating creatures in their natural habitat. The boat leaves from Glenelg, only 15 minute drive from the Adelaide CBD.

This is once in a lifetime encounter - a memory for life so do not forget the camera!

Marina Pier, Holdfast Shores Marina, Glenelg

+61 412 811 838

[www.dolphinboat.com.au](http://www.dolphinboat.com.au)

## FESTIVAL CENTRE

The Festival Centre was built in 1973 as the venue for the Adelaide Festival of Arts, the city's major arts event since its inception in 1960. The large modernist theatre complex is still the heart of the festival and its theatres are open all year.

King William Road, Adelaide

+61 8 8216 8600

[www.afct.org.au](http://www.afct.org.au)

## TANDANYA

Tandanya - the National Aboriginal Cultural Institute - established in 1989, was the first indigenously owned and managed arts centre in Australia. The institute has exhibitions of Aboriginal and Torres Strait Islanders art from across Australia.

253 Grenfell Street, Adelaide

+61 8 8224 3200

[www.tandanya.com.au](http://www.tandanya.com.au)

10am-5pm daily

## NATIONAL WINE CENTRE OF AUSTRALIA

The nearby Barossa Valley is Australia's wine producing heartland, and this centre in central Adelaide, with its own vineyard, offers interactive exhibitions explaining the whole winemaking process, plus wines to taste and buy.

Hackney Road, Adelaide

+61 8 8303 3355

[www.wineaustralia.com.au](http://www.wineaustralia.com.au)

10am-6pm daily

Corner of Botanic and Hackney Roads

## SOUTH AUSTRALIAN MARITIME MUSEUM

Explore SA Maritime Museum's great nautical collection, the collection began already in 1872. Here you will get a better picture of life at sea for those immigrating to Australia in the early years; there is also a replica of a ship with lots of artefacts and passenger stories to hear.

126 Lipson Street, Port Adelaide

+61 8 8207 6255

[samaritimemuseum.com.au](http://samaritimemuseum.com.au)

## ADELAIDE ZOO

With over 1,800 animals and 300 species you will find yourself busy at Adelaide Zoo. This is a great place where you can learn more about animals like the African lions, giant pandas, sea lions, kangaroos, American alligators to name a few.

Good to know, the zoo is focusing on endangered and rare animals.

Frome Road, Adelaide

+61 8 8267 3255

[www.zoossa.com.au](http://www.zoossa.com.au)

## BOTANIC GARDENS

Opened in 1857, the Botanic Gardens, modeled on English gardens, feature plenty of native trees and plants. The Bicentennial Conservatory that towers over the gardens houses a tropical rainforest environment and is the largest glasshouse in Australia.

Botanic Gardens, North Terrace, Adelaide

+61 8 8222 9311

[www.environment.sa.gov.au/botanicgardens](http://www.environment.sa.gov.au/botanicgardens)

Gardens Mon-Fri from 7.15am until dusk,  
weekends from 9am until dusk. Conservatory:  
10am-4pm daily (5pm in the summer).

## ESSENTIAL INFORMATION



### ADELAIDE INTERNATIONAL AIRPORT

Adelaide International Airport and Domestic Terminal are only 6km away from the city centre. [www.adelaideairport.com.au](http://www.adelaideairport.com.au)

The Skylink Airport Shuttle bus links the airport to Adelaide Parklands Rail Terminal and the city centre. Local buses also link the airport to the Adelaide suburbs. [www.skylinkadelaide.com](http://www.skylinkadelaide.com)

There are also taxi services, as well as car rental available. Travel by car is app. 10 mins.

1 James Schofield Dr, Adelaide Airport  
+61 8 8308 9211  
[www.adelaideairport.com.au](http://www.adelaideairport.com.au)

### PUBLIC TRANSPORT

The Adelaide Parklands Rail Terminal links rail destinations across Australia with airport buses and suburban trains to Adelaide Train Station on North Terrace.

The Adelaide Metro runs extensive bus services across the city with various tickets including multi-trip passes. These bus services link with the TransAdelaide train and tram services.

Tram to Glenelg is a great way to access the lovely seaside suburbs.

TransAdelaide +61 8 8218 2362, Adelaide Metro  
+61 8 8210 1000  
[www.transadelaide.com/](http://www.transadelaide.com/)  
[www.adelaidemetro.com.au](http://www.adelaidemetro.com.au)

### TAXI

It is easiest to hail a taxi on the street, especially in the city centre or at the airport and train stations.

Yellow Cab Co  
+61 8 13 2227  
[www.yellowcabgroup.com.au](http://www.yellowcabgroup.com.au)

### PHARMACY

Two of the most central are National Pharmacies (Gawler Place, off Rundle Mall, +61 8 8227 0300) and Chemist Warehouse (Adelaide Central Plaza, Rundle Mall, +61 8 8227 2700).

For urgent medical information call Australia Medic Alert Foundation on +61 8 8274 0361. In an emergency, dial the emergency number 000.

### TELEPHONE

Country code: +61  
Area code: 08

### ELECTRICITY

240 V / 50 Hz

## SHOPPING



There are two main hearts to the Adelaide shopping experience. The first is around Rundle Mall and down to Grenfell Street where you will find a mix of high-end and local shops.

The second main centre is to the southwest of the central grid of streets, between Grote and Gouger Streets, where you will find the Adelaide Central Market, known as the food pantry of Adelaide. Here, you will discover a dazzling array of foods, showing the wonderful abundance of raw ingredients that Australia produces. This area is also a showcase of the melting pot of cultures that make up Adelaide today, with the sights and smells of Italian, Vietnamese, Lebanese, Greek, Chinese and Japanese cuisines to feast upon, to name but a few.

### EAST END RUNDLE STREET MARKETS

From Rundle Mall, Rundle Street continues where the East End of Rundle Street Markets is a shopper's paradise. With hundreds of stalls and special shops, they sell South Australian items from local food and wine to arts and crafts, jewelry and clothing.

Rundle Street, Adelaide

### MANGO

At Mango, the urban young woman finds everything from sleek work-wear to the fabulous cocktail dress to reasonable prices. Match your new outfit with the perfect shoes and accessories that you also find here.

100 Rundle Mall, Adelaide

+61 8 8305 3000

[www.shop.mango.com](http://www.shop.mango.com)

### RUNDLE MALL

The first is in the northeast of the central grid of streets where Rundle Mall - Adelaide's first shopping mall built in the mid-1970s - offers all the usual high-end chains you find across Australia.

Adelaide

+61 8 8203 7200

[www.rundlemall.com](http://www.rundlemall.com)

### ADELAIDE CENTRAL MARKETS

The Adelaide Central Market buzzes with life and colour all year round and is a special place for the regulars, who wouldn't shop anywhere else. Here you'll find a huge range of fresh food, all under one roof - fruit and vegetables, meat and poultry, seafood, gourmet cheeses, bakery products, sweets, nuts and health foods. Shoppers can also take a break in some of the hippest cafés in Adelaide.

Gouger Street, Adelaide

### ZARA - BURNSIDE VILLAGE

This world famous brand soon has a store in every mid-size town and should not be missed. Here you find the latest fashion for men, women and children, everything from street wear to the more up-dressed look.

447 Portrush Road, Glenside

+61 8 8338 1911

[www.burnsidevillage.com.au](http://www.burnsidevillage.com.au)

### HUGO BOSS

The Hugo Boss name is associated with chic, elegant design for men and women.

25 Grenfell Street, Adelaide

+61 8 8212 5072

[www.hugoboss.com](http://www.hugoboss.com)

### ADELAIDE ARCADE



Running off Rundle Mall down to Grenfell Street, are the heritage-listed Adelaide Arcade and the Regent Arcade, which offer boutique shopping, aboriginal crafts and even locally mined opals.

111A Balcony Level Adelaide Arcade

+61 8 8223 5522

[www.adelaidearcade.com.au](http://www.adelaidearcade.com.au)