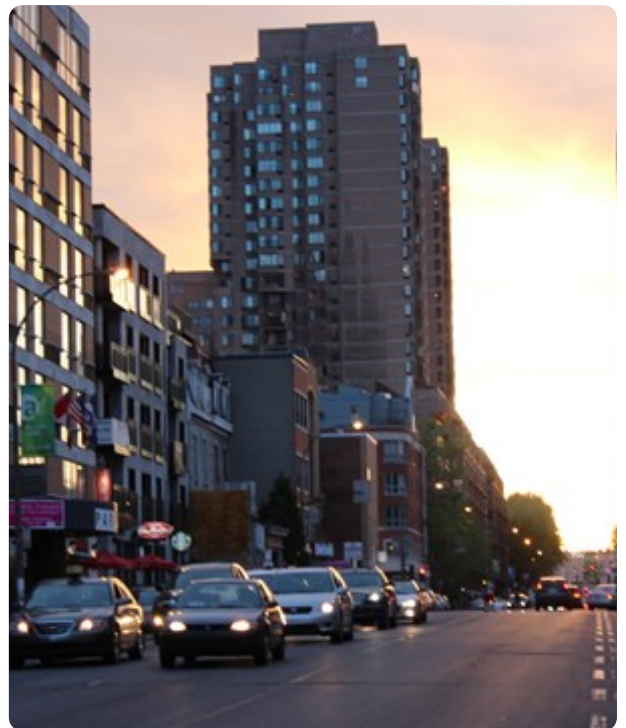




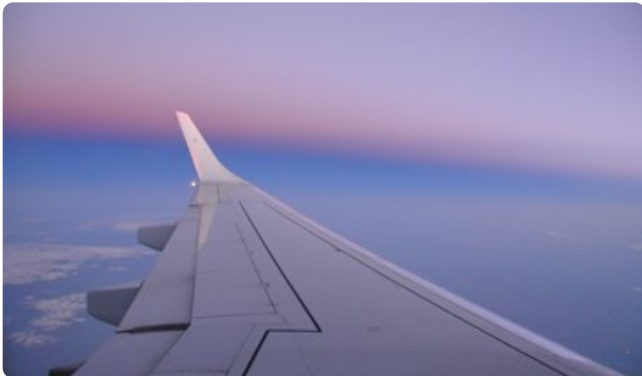
MONTREAL

Being the largest city in the province of Quebec, Montreal has proven to be the most cultural metropolis of Canada, if not the whole of the Americas. With its strong French roots due to the fact it used to be French occupied territory, you can taste the culture of the French mainland everywhere you go. The smell in the air of freshly baked bread, the sound of people in the streets enjoying a festival, and a deep red sunset on the horizon are all part of the Montreal experience. As the city comes to a rest in the evening, an orange glow coats the city, and at that time, the diverse nightlife of Canada comes into motion.



ESSENTIAL INFORMATION

PUBLIC TRANSPORTATION



TELEPHONE

Country code: +1
Area code: 450 & 579

CAR RENTALS

For about \$150 CAD it is possible to drive around wherever you like for a whole day. The following companies rent out cars:

Rentalcars.com
Globecar.com
Economyrentals.com
Kayak.com

Price was updated Sep 2015

TIME ZONE

The city of Montreal is located in the Eastern Time Zone, which is abbreviated as EST.

TAXI

Montreal offers many options to go around using a cab, however, unlike the USA cabs, not all of them are yellow. This means that you have to make sure that you look for the lit-up light on top of the roof of any car. You can hail them from the street if you so desire, or go to a taxi stand.

Taxi Diamond: +1 514 273 6331
Taxi Co-op: +1 514 725 9885
Taxi Hochelaga: +1 514 256 9033
Taxi Champlain: +1 514 273 2435
Taxi Turcot: +1 514 825 8743

Société de transport: Takes care of most of the bus and metro transport within the city of Montreal. The metro system consists of 68 stations and makes sure that 1.3 million passengers reach their destination every day. Their website www.stm.info has a trip planner, and various maps that can assist with your daily planning. The metro is also accessible to bicycles during non-peak hours, and even the commuter trains can carry bikes, although 3 stations are not accessible. Also, each bus stop has its own number -- call A-U-T-O-B-U-S (514-288-6287), listen to the instructions, type in the bus stop number, and you'll get the times for the next 3 buses. Fares differ with age and destination, but the average cost is \$3.25 CAD for 1 trip, whereas a 1-day pass costs \$10 and is valid for 24h. Children under 5 years old ride for free. Make sure to keep your ticket with you, there are inspectors with machines to check valid tickets, this is your proof of purchase.

The metro consists of 68 stations, and the first metro train usually start around 5:30 in the morning, the last one rides at around 0:30 and 1:00 (only on Friday and Saturdays). Metro lines are color coded and directions are indicated using the name of the last stop on the line. So if you were at the Berri-UQAM station and you wanted to go to the Olympic Stadium at Pie-IX (pronounced pee-nuhf), you would take the green line, direction Honoré-Beaugrand.

The green line covers the downtown shopping area, three of the universities (McGill, Concordia, UQAM), Atwater Market, the gay Village, the Botanical Gardens, the Insectarium, the Olympic Stadium, and the Château Dufresne.

The orange line covers Old Montreal, the Plateau Mont-Royal area, the St-Denis Street shopping district, the Bell Centre, Jean-Talon and Atwater markets, and connections to the AMT commuter trains.

The yellow line is the shortest, joining Berri-UQAM in the Latin Quarter to Longueuil station and allows you to reach Parc Jean-Drapeau and La Ronde Amusement Park on Ste-Hélène Island and the bus to the Casino.

The blue line serves mainly residential areas and the Université de Montréal.

www.stm.info

Price was updated Sep 2015

POST OFFICE

BP Mackay, 1500 Rue St. Catherine O.

Canada Post, Pharmaprix #1860, 6910 Rue Saint-Denis.

Post Office St-Alexandre, Pharmaprix, 390 Rue St. Catherine O.

+1 800 267 1177

8:00 - 21:00

Post offices can usually be found within a pharmacy

PHARMACIES

Pharmaprix, 1025 Rue Jean-Talon E. +1 514 274 5995

Brunet, 2005 Rue Sainte-Catherine E. +1 514 525 5050

Jean Coutu, 5855 Boulevard Gouin Ouest. +1 514 334 8641

8:00 - 0:00

AEROPORTS DE MONTREAL

There is an active bus service that delivers passengers to the downtown area every day. After exiting the airport building, take the 747 bus line, which runs 24/7. This bus line is located between the Airport and the Central Bus Station. The average travel time is between 45 to 60 minutes, however, this depends on traffic conditions. A fare is charged which allows for unlimited travel for 24 hours, the price is \$10 CAD. These fares can be acquired through dispensers on the international arrivals level at the airport.

Apart from buses, it is possible to hire a cab to downtown for \$40, or a limousine for 55\$. Additionally, most hotels offer shuttle services which can be ordered via their own website, or at the airport themselves.

Trains also service the airport by utilizing Canada's national passenger rail service called VIA Rail Canada. They offer intercity connections, and a free minibus service to travel to Dorval and the Montreal-Trudeau Airport.

1100 Boulevard René-Lévesque Ouest, Montréal
+1 514 394 7200
www.admtl.com

Price was updated Sep 2015

ELECTRICITY

Montreal uses 110 Volts, this is the same for the whole of North of America.

DINING



The city of Montreal is a mix of many cultures which are loved and embraced in this large metropolis. When you set foot inside the city, be prepared to experience a range of different smells of the most delicious foods across the globe. Your stomach will beg you to visit every single restaurant closest to you, and enjoy foods from Italy, France, Brazil, China, and of course even traditional Canadian dishes.

Grab some napkins to stop your mouth from watering, because here is a heads up on what you can definitely expect to find while in Montreal, for example, The Fairmount Bagel, handformed, bathed in honey water, and eventually baked within a firewood oven. Of course you can also go for something heavier, which is the smoked meat, decorated with yellow mustard for that extra taste. Additionally, one cannot go two steps within Montreal without hearing about the famous Poutine, so why not try the Foie Gras Poutine as well? A delicious combination of French fries dipped in duck fat and foie gras on top. But don't take our word for it, go out there and try it yourself!

BISTRO 1843

A cozy restaurant located among the golf fields of Montreal. The owners, Sarah-ann and Tarik, live right above the restaurant and see this as their legacy. With different specials every day, it is possible to visit them multiple times a week and still be surprised. People who have went there before recommend their wide range of sauces and tasty soups.

376 Chemin Cherrier, L'Île-Bizard
+1 514 305 1229

With only 30 seats, it is recommended to make a reservation or go very early.

LES DEUX SINGES DE MONTARVIE

A small cozy French inspired restaurant of just a couple of square meters that are able to create a mountain of memories in your mind. With just a few main dishes, they are able to unleash their focus and skill on only those dishes, making them exquisite in taste. With a 2 year streak of excellence certificates from Tripadvisor, your stay at Les Deux Singes de Motarvie is sure to be an enjoyable one.

176 Rue Saint Viateur Ouest, Montréal
+1 514 278 6854

www.lesdeuxsingesdemontarvie.com

Tuesday to Saturday: 18:00 - 22:30

Reservations are recommended due to high demand

AREPERA DU PLATEAU

It is as if you don't need to travel ever again when visiting Montreal, as you can visit all the cultures right here in the city. Arepera du Plateau offers many options deeply rooted in the Venezuelan cuisine. Experience the taste of an Arapera, a corn based Venezuelan bread together with a memorable guac sauce. Have a taste of all the different cultures Montreal has to offer, it is time to visit Venezuela!

4050 Rue de Bullion, Montréal
+1 514 508 7267

www.arepera.ca

LE ROBIN SQUARE

A family owned restaurant which specializes in breakfast and brunch. Feast your eyes on their menu which includes roasted maple glazed pork, and homemade jam. Unlike most restaurants, Robin Square makes sure you feel a part of the family, and you can ask them about anything, even planning which sights to see. Start your morning at Robin Square, energized and ready to take on the world!

520 Boulevard Saint Laurent, Montreal
+1 514 508 5770

www.facebook.com/lerobinsquare

Wednesday to Friday: 11:00 - 14:00 Thursday to

Saturday: 18:00 - 22:00 Sunday: 11:00 - 15:00

The entire website is in French as well as their menus.

RESTAURANT ATMA

Atma provides yet another cultural influence in the city of Montreal. In the midst of the French cuisine, Atma rises above the cornfield with their Fine Indian dishes and foods. As you step inside, it feels like you're entering a different world for a moment, the bright white walls, tiger print decorated chairs, and impressive golden reflective sectionals. Be prepared to taste some of the finest, chicken, lamb, and shrimp, as well as various vegetarian dishes.

3962 Boulevard Saint-Laurent, Montréal
+1 514 798 8484

www.restaurantatma.ca

Tuesday to Thursday; 18:00 - 22:00 Friday to

Saturday; 18:00 - 23:00 Sunday; 18:00 - 22:00

Reservations are recommended, but not required.

EUROPEA

A traditional French restaurant, with impressive wines and a dedicated, skilled staff. The owner Jérôme Ferrer has been learning to cook from his grandmother since he was only 10 years old. Inspired by French, Spanish, and Italian foods, you are in for a unique experience of exotic dishes. Your eyes will love looking at the well prepared food, which looks like an art piece on its own, as your nose takes in the delicious smell. Take your fork and knife as you prepare for an unforgettable experience.

rue 1z2, 1233 Rue de la Montagne
+1 514 398 9229

www.europea.ca

Tuesday to Friday: 12:00 to 13:30 & 18:00 to 21:30

Saturday: 18:00 - 22:00 Sunday: 18:00 - 21:30

DAMAS RESTAURANT

Cultures are often mixed, but the way Damas approached it is very unique. They managed to successfully combine the Syrian and French cuisine into one. Customers can expect to be served kebab alongside filet mignon for example. With a constant flow of positive reviews by tourists, you can be certain that your experience will be just as great!

1201 Avenue Van Horne, Outremont
+1 514 439 5435

www.restaurant-damas.com

LE LEMAN BISTRONOMIE SUISSE

A French bistro that offers both lunch, as well as dinner, utilizing the French kitchen. Due to popular beliefs, Le Leman Bistronomie Suisse takes a different approach and is designed, taking inspiration from, the 1920's period in the USA. With its black and white tiled floor, bright red seating, and vintage posters, it feels like you're stepping back in time.

Restaurant Le Léman, 1175 Boul Robert Bourassa, Montréal

+1 514 507 5273

www.leleman.ca

Monday to Friday: 11:45 - 14:00 & 17:30 - 21:00

Reservations are recommended, and can be done through phone and website.

BISTRO DUO D

A gorgeous little French bistro in the midst of the busy Montreal streets. The red brick walls symbolize that Parisian feeling of sitting outside in a cozy street. Dark wooden accents on the chairs and counters give a very homely feeling to the restaurant setting. The positive side on having a smaller restaurant is that the waiters can quickly spot anyone who needs being served or a refill. And of course, sitting at the bar having a glass of wine is also a possibility, next to the traditional French cuisine.

Rue Notre Dame Ouest, Montréal

+1 514 657 7144

www.bistroduod.com

LE CLUB CHASSE ET PÊCHE

A traditional French restaurant, bringing that little piece of Paris with them into the city of Montreal. Whether you are up for oysters or grilled octopus, Club Chasse et Pêche has it all. Of course, the French don't dine without a good glass of wine, and this resulted in an impressive list of wines. It is no surprise the restaurant constantly received positive reviews, and carries their certificate of excellence by TripAdvisor proudly.

423 Rue Saint-Claude, Montréal
+1 514 861 1112

www.leclubchasseetpeche.com

Tuesday to Saturday: 18:00 - 22:30

CAFES



Just as in Paris, the city of Montreal has cozy little cafes scattered everywhere. After a nice morning walk, have a cup of coffee and relax with your friends and family. Enjoy small bistro's with nostalgic decorations that remind you of sitting close to the Eiffel tower. Using brick walls, bright, open windows, and small, but cozy tables, it creates a very comfortable atmosphere.

Expect the big brands to be there such as Starbucks, but try to also scout the city to find those local hidden gems. Make sure to travel through Rue Bishop, St. Laurent, and Catherine Street West, to discover some of the lesser known, but increasingly personal cafes.

CAFÉ CASTEL

The Castel Café constantly experiments with new brews of coffee, and there are daily specials that you can enjoy. All the famous coffees you can think of they offer, such as the espresso, cappuccino, moccacino, macchiato, and so on. Next to enjoying a cup of coffee to relax, you might also desire some solid food. This is where the sandwiches and paninis come in, serving you with chicken pesto, veggie, and honey mustard chicken.

1015 Sherbrooke Street West, Montreal
 +1 514 285 6514
www.hotelvillemarie.com/en/restaurant-montreal-best-coffee-shop.html

CAFÉ MYRIADE

Myriade offers customers a coffee shop that also serves pastries from independent local bakers. They offer their customers a lot of freedom, and are not judgmental about how you drink your coffee or what you take in it. Together with 49th Parallel Roasters, Myriade offer you a cup of coffee with an intense flavor that will surprise your taste buds.

1432 Rue Mackay, Montréal
 +1 514 939 1717
www.cafemyriade.com

KAFEIN CAFE-BAR

Kafein is a cafe that is also open later at night, offering live entertainment, such as DJ's, Jazz, or even art events. Throw your coat on the hanger, grab your friends and take a seat in the lower lounge area. With several famous coffee blends such as Latte, Capuccino, Mocha, and Americano, you sure are in for a treat. Plus, coffee is not the only thing they serve, next your brew you can also order a salad or various focaccias.

1429 Rue Bishop, Montréal
 +1 514 904 6969
www.kafein.ca
 Monday to Thursday: 10:00 - 0:15 Friday: 10:00 - 1:00 Saturday: 11:00 - 1:00 Sunday: 11:00 - 19:00

CAFÉ PARVIS

Cafe Parvis is a trending spot for the people of Montreal, so why not step inside and join them? Try out their freshly brewed coffee with prices that are also friendly to your wallet. When the sun is out, or not, whichever you prefer, you can sit outside on the terrace and see the busy Montreal traffic scene drive by. Enjoy the contrast of you relaxing with a cup of a coffee, as you see the fading tail lights of cars heading to work.

433 Rue Mayor, Montréal
 +1 514 764 3589
www.cafeparvis.com

LE CAGIBI

A usual coffee shop has a few mandatory elements, chairs and tables, waiters, and of course coffee. But what Le Cagibi also offers is the element of live music to their 60's movie atmosphere. Now you can mix music into your coffee moment, to reach that pinnacle point of complete relaxation. And why not go crazy and also order a taco next to the coffee, you're on vacation!

5490 Boul St-Laurent, Montréal

+1 514 509 1199

www.lecagibi.ca

DO & SEE



The interesting thing about Montreal is, there is always something to do or going on within the city. You could go to the traditional tourist spots and visit the impressive Notre-Dame Basilica, or you can grab your hiking gear and travel up to Mount Royal for an amazing skyline view of the city.

If you don't want to travel by yourself, it is possible to go on walking tours through the city and discover more of the historical district for example. The bicycle is also a very good alternative to walking and various bike tours are offered. Don't forget that the French influence is extremely strong here, so there isn't any better place for top notch food than Montreal. You can go from restaurant to restaurant and see what they offer, but be careful that the delicious smells don't already draw you in before that. There is entertainment, sights, history and food, what else do you need? Start exploring!

BELL CENTRE

The Bell Centre offers a center point of action for the city of Montreal. There is always something going on, whether it is for sports or concerts. This same 21,000 seat venue hosts the Cirque du Soleil, and if you're interested, why not take one of the guided tours that even lets you visit the locker room. Taking pictures is allowed and encouraged, so let your camera go wild!

1909 Avenue des Canadiens-de-Montréal, Montréal
+1 514 932 2582

www.centrebells.ca/en/page/home

MONTREAL MUSEUM OF ARCHAEOLOGY AND HISTORY

Get in touch with the point of origin for the history of Montreal. Pointe-à-Callière is a national historical and archaeological site and allows visitors to see how the old Montreal came to life. It features both historical and contemporary pieces as it takes you from the first days when Natives camped there to what it has become now. It will be very impressive to stand in the middle of more than a 1000 years of human progress.

350 Place Royale, Montréal
+1 514 872 9150

www.pacmusee.qc.ca

Tuesday to Friday: 10:00 - 17:00 Saturday to

Sunday: 11:00 - 17:00

Metro: Station Place-D'Armes Bus: 715

CIRCUIT GILLES VILLENEUVE

The noteworthy Formula One Canadian Grand Prix is held on this impressive circuit, located on the Notre-Dame island. Stand on the tarmac and experience the feeling of engines roaring past as the racers battle each other for pole position. To experience the entire track, it is possible to use your own vehicle or even roller blade along it, taking in Downtown Montreal on the other side of the river bank. Try to match your stay with one of the actual race events, so you can see the racers roar by!

Parc Jean-Drapeau, Montréal
+1 514 350 0000

www.circuitgillesvilleneuve.ca

MONTREAL HISTORY CENTRE

Experience the first few years of the Montreal colony back in the day as it expanded into a true metropolis. Take a grand tour with the History Centre and walk through various areas, from Champ de Mars to Place d'Youville. Along the way you have access to museums, attractions, such as the City Hall and Bonsecours Market, and public spaces. Go ahead, be amazed, and bring your camera with you, it will love you forever.

335 Place d'Youville, Montréal
+1 514 872 3207
www.vieux.montreal.qc.ca/eng/accueila

DIVINE CHOCOLATIER

Buying chocolate in the supermarket is one thing, having it personally prepared by one of the most dedicated chocolatiers in Canada is another. Amongst the busy streets of Montreal, there lies a small boutique called the Divine Chocolatier. Richard Zwierzynski opened his store after being inspired by Willy Wonka and makes sure his customers experience a memorable visit. Drop by and taste the exquisite chocolate, and don't hesitate to express your interest, the employees love to talk to you about it!

2158 Rue Crescent, Montréal
+1 514 282 0829
www.divinechocolatier.com
Monday to Friday; 10:00 - 18:00 Saturday; 10:00 - 17:00 Sunday; 12:00 - 17:00

LAURENTIAN MOUNTAINS

Leave the urban sprawl behind you, and discover all of the beauty the Canadian nature has to offer. Hop in the bus or car as you travel past the beautiful landscapes to the Laurentian Mountains. Get your camera ready to capture the steep mountain sides, adorned with the bright red and green trees like a carpet softly laying over it. With its small towns, incredible mountains, and colorful trees, the Laurentian Mountains will be able to keep your attention for the rest of the day.

Laurentian Mountains, Lac-Jacques-Cartier
Time your stay! The mornings offer beautiful dew and foggy moments, while the evenings are accompanied by the dark red setting sun.

MT ROYAL

Step out of the busy streets of Montreal and into nature as you look from a distance at all the different lives roaming the city. Mount Royal offers a great lookout point that shows the whole city in all its glory. The way up there is a bit of a hike so bring good shoes, but once you're up there take a deep breath and let the clean, fresh air fill your lungs. Take a seat down on the grass, enjoy a good book or a picnic and let your stress flow away. Don't forget to visit Saint Joseph's Oratory, you can't miss it!

Mt Royal, Montreal, QC H3H, Canada
+1 514 843 8240
www.lemontroyal.qc.ca/en/learn-about-mount-royal/homepage.sn

Public Transportation: the 11 bus (STM) traverses the mountain from the Mont-Royal metro station and Chemin de la Côte-des-Neiges. Several other bus routes also provide access to the mountain

NOTRE-DAME BASILICA OF MONTREAL

The most defining cathedral in Montreal, the Notre-Dame Basilica is sure to leave an impression. Walk through the middle of seating area, across the dark blue marble floor, feeling the serenity of the large statues watching over you. The immense altar with its blue backdrop lighting gives the impression of heaven on Earth. Whether you're into solo photography enjoying the calm and silent atmosphere, or you're in for more information by going with a guide, the Notre-Dame offers possibilities for all.

110 Rue Notre Dame Ouest, Montréal
+1 514 8422 925
www.basiliquenotredame.ca

Generally; 8:00 - 17:00
Times change monthly, please refer to their website for the current times applicable to your travel date.

Metro: Take the Orange line to Place d'Armes Station. Exit on Saint-Urbain Street and walk uphill toward Place D'Armes Square.

THE MONTREAL MUSEUM OF FINE ARTS

The Museum of Fine Arts in Montreal is praised by every person that has ever set foot in the building. This is for a reason, it has the largest collection in Canada and their major exhibitions rotate around, creating new experiences every few months. Expect art from Musée Rodin, Micheal Williams, Pompei une ville Romaine and so on. Just like the city of Montreal, the museum shows two sides of art, both historical and modern.

1380 Rue Sherbrooke O, Montréal

+1 514 285 2000

www.mbam.qc.ca

Daily; 10.00 - 17.00

MONTREAL BOTANICAL GARDEN

Nature often takes our breath away and the Botanical Gardens in Montreal are sure to do that. Whether you visit the Biodôme, Botanical Garden, Insectarium, or the Rio Tinto Alcan Planetarium, every single one will be a unique and memorable experience. All locations are conveniently close to each other, but make sure to take at least a couple of hours, if not a whole day to explore the different ones!

4101 Rue Sherbrooke E, Montréal

+1 514 872 1400

www.espacepurlavie.ca/jardin-botanique

Daily; 9:00 - 18:00

BARS & NIGHTLIFE



Embrace the sundown and step into the orange atmosphere looming over Montreal. When the daylight ends, the city comes alive offering a large variety of musical influences and authentic bars, not to forget the impressive festivals. There are possibilities for everyone with any budget. Check out the Old Port of Montreal and step inside Terrace Bonsecours as you dance the night away. While dancing is one of the many options, one could also take it slow and relax in a lounge such as Koko on St. Laurent. Next to alcohol, there are options for people with a sweet tooth as the Candi Bar offers sweet drinks topped off with classic candy.

Apart from bars and clubs, there is always a multitude of festivals in Montreal. Make sure to experience the impressive Festival International de Jazz, which is the largest Jazz festival in the world! If music is not what you're looking for, then you should definitely the Grand Prix weekend in Montreal. Enjoy the fast cars and free drinks as the time will feel like it is sped up, that's what having fun does with you!

LA DISTILLERIE

One cannot set foot in the Montreal nightlife without having tasted one of the best cocktails it has to offer. Visit la Distillerie and try out one of their many cocktails. Take a look at their website and select your favorite cocktails beforehand, based on your preferences such as; powerful, delicate, fruity and so on.

300 Rue Ontario E, Montréal
 +1 514 288 7915
www.pubdistillerie.com
 Daily: 16:00 - 3:00

BISTRO A JOJO

Size doesn't mean everything, and the small bar Bistro a Jojo is not afraid to let you have an explosive evening! Grab a drink, sit back and enjoy the music while a bartender sets the bar on fire. If that turn of events got your attention, then drop your other plans and make your way to the Quartier des Spectacles where the bar is located.

1627 Rue Saint-Denis, Montréal
 +1 514 843 5015
www.bistroajojo.com
 Daily: 12:00 - 3:00

BRUTOPIA

Freshly brewed beer and good food, this is what you can expect when you go to Brutopia. The waiters are knowledgeable and can recommend which beers to pick and which kind of food to go with it. Why not have a go at the pork sandwich and honey beer while you're at it?

1219 Rue Crescent, Montréal
 +1 514 393 9277
www.brutopia.net

UPSTAIRS JAZZ BAR & GRILL

Enjoy the good old days, where jazz was in its prime and considered these clubs a second home. Musicians from all over stand ready to make your night unforgettable with their relaxing jazz music. Take a seat among the stone walls, wood paneling, and linen covered tables, as you enjoy your drink and thoroughly grilled foods.

1254 Rue Mackay, Montréal
 +1 514 931 6808
www.upstairsjazz.com
 Monday to Thursday: 11:30 - 1:00 Friday: 11:30 - 2:00 Saturday: 17:30 - 2:00 Sunday: 18:30 - 1:00

DIEU DU CIEL

Get your eagle vision ready because this packed bar requires agility to find a table, but once you're settled in, you're ready to enjoy the fine spirits. While waiting, just take a seat at the bar and order a Peche Mortel, you won't regret it. Especially during the summer months you can enjoy a tasty cold beer on patio outside, don't miss out!

29 Avenue Laurier Ouest, Montréal
+1 514 490 9555

www.dieuduciel.com

Monday to Thursday: 15:00 - 3:00 Friday to Sunday:
13:00 - 3:00

LE LAB COMPTOIR À COCKTAILS

If you're up for something unique and crazy, try going to the Lab in Montreal. Its dark and mysterious atmosphere add to the already exciting experience of seeing bartenders go wild while making their, or actually, your cocktails. Make sure to bring a watch with you, because losing track of time in this place happens way too easily!

1351 Rue Rachel Est, Montréal
+1 514 544 1333

www.barlelab.com

Monday to Sunday: 17:00 - 0:00

JUST FOR LAUGHS

When you're at the right time, at the right place, you might be able to attend the Just for Laughs festival. Well known comedians from all over the continent gather to make you laugh out loud. There is a good reason people cannot stop talking about this festival and share how much fun they had. Join in on the fun as laughter is the best medicine for anything!

2101 Boul St-Laurent, Montréal
+1 514 845 3155

www.hahaha.com

FOUFONES ELECTRIQUES

A mix of house, electro, metal, and punk music depending on which day you go. Foufones Electriques offers a wide array of different music genres, a well stocked bar to keep you going for the night. If dancing is not your thing, you can also hang out by shooting some pool.

87 Rue Sainte-Catherine E, Montréal
+1 514 844 5539

www.foufouneselectriques.com

Daily: 15:00 - 3:00

LE DEUX PIERROTS

A typical Montreal bar for when you want to know how the French can party. There is live entertainment and drinks with free popcorn, what else could you possibly need? Chairs are optional as you'll be singing and dancing the night away, feeling what the true Montreal nightlife is like.

104 Rue Saint Paul E, Montréal
+1 514 861 4311

www.2pierrots.com

Monday to Friday: 8:00 - 17:00

ZIGGY'S PUB

No food, just drinks, that what Ziggy's keeps repeating, they are a pub and they're proud of it. A small place located on Crescent St. but with staff having a big heart. They want you to have a good time, and make sure you are served the entire night. If you're not such a fan of crowds that the nightclubs offer, Ziggy's is a great place to have fun in a more calm setting.

1470 Rue Crescent, Montréal
+1 514 285 8855

www.ziggypub.ca

SHOPPING



When visiting Montreal it is extremely difficult not to go on a shopping spree. There are an incredible amount of opportunities to find a proper resting place for your Canadian dollars. With an entire network under the city nicknamed the 'Underground City' it already becomes apparent that you will have a great time shopping in Montreal.

While the Underground City is not advertised as such on road signs, make sure to look for the Eaton Center. Its entrances are scattered throughout the city, and many can be found around Saint-Catherine street. It offers an array of shops with several floors. You can also expect many international stores apart from the local ones.

The underground is an interesting place, but don't forget about Saint-Catherine street itself, as it is a center point of activity for shoppers. With many new shops appearing everywhere, the most action can be found between De La Montagne, and Saint-Denis street.

If you're specifically looking for clothes, pay a visit to Plaza St-Hubert. It is an outdoor mall that offers a large selection of dress shops. Apart from clothing stores, it also offers shoes and jewelry. When attending a fancy event, this is the first place you should think of.

To have a taste of the upscale brands that Montreal offers, walk over to Ogilvy department stores. It houses the elite designer brands such as Hugo Boss, Luis Vuitton, Burberry etc. The prices might be steep, but quality is assured, and the expert staff is ready to help you out with anything you need, even if it's just looking around!

BAR À LUNETTES MARIE-SOPHIE DION

A very appreciated optician in the city of Montreal, offering many different frames and staff that treats you as a VIP. When looking for new glasses, or if you're just looking around, the staff will listen to your need and wants and offer a selection to you based on your choices. For people needing a new frame, this can truly feel like a candy store!

401 McGill, Vieux-Montréal, Montréal
 +1 514 843 3466
www.baralunettes.com

COMPLEXE DESJARDINS

The Complexe Desjardins is a sight to behold, a large fountain decorating the front of the building, and once you go inside, you have an entire assortment of food, clothing, and sundries. While the inside may seem quite generic compared to any mall, what makes the Complexe Desjardins so unique is its stunning exterior. Be sure to visit both buildings, you can't miss them!

150 Rue Ste-Catherine O, Montréal
 +1 514 281 1870
www.complexedesjardins.com

Monday to Wednesday: 9:30 - 18:00 Thursday to Friday: 9:30 - 21:00 Saturday: 9:30 - 17:00 Sunday: 12:00 - 17:00

NOËL ETERNEL

Why should December be the only Christmas month? Noel Eternel makes sure to give you that Christmas feeling every day of the week, whether or not the sun shines. Offering a large variety of Christmas items such as little villages, elves, nativity scenes, tree decorations, and many more, Noel Eternel can put the Christmas spirit back into your life at any given moment.

461 Rue Saint Sulpice, Montréal
 +1 514 285 4944
www.noeleternel.com

ATWATER MARKET

Another section of fruit markets offering various fruits and vegetables. With an iconic tower overlooking the market, it becomes very easy to spot from a distance when trying to locate it. When on a bicycle or on foot, go along the canal to end up at Atwater.

138 Avenue Atwater, Montréal
 +1 514 937 7754
www.marchespublics-mtl.com
 Daily average hours: 7:00 - 17:00

EVA B

With a store front that looks pretty post-apocalyptic, the store does offer various trinkets and clothing that one might love. Eva is ready to greet you with home-made apple cider, as she is ready to assist you with any problems or questions. Stepping inside the store will feel like entering a cafe that also sells clothes on the side, give it a try!

2015 Boul St-Laurent, Montréal
 +1 514 849 8246
www.eva-b.ca

JEAN-TALON MARKET

Bananas, strawberries, garlic, you name it, they've got it. An incredibly colorful fruit and vegetable market located at Avenue Henri Julien. Take a stroll through the many different aisles and take in the smell of all the various fresh fruits ready to be taken home. If you're looking for a healthy lifestyle while on vacation, this is the place to visit weekly.

7070 Avenue Henri Julien, Montréal
 +1 514 277 1588
www.marchespublics-mtl.com/Jean-Talon

EATON CENTRE

A beautiful shopping center which has been nicknamed the 'Underground City' by the people of Montreal. It offers many floors full of stores, has a large food court, and can basically provide you in all your needs for the rest of the day. The metro is connected right to it, which makes it easy for you to arrive as well as depart.

705 St Catherine St W, Montreal
 +1 514 288 3710
www.centreeatondemontreal.com/en
 Monday to Saturday; 10:00 - 21:30 Sunday; 11:00 - 19:00

MYCOBOUTIQUE INC

A store with a focus on teaching you everything there is to know about mushrooms, and even how to grow them yourself. The staff is very passionate about helping you incorporate the mushrooms into tasty dishes, and assists in the whole process of foraging, to harvesting, to eating them.

4324 Rue Saint-Denis, Montréal
 +1 514 223 6977
www.mycoboutique.ca

LES COURS MONT-ROYAL

A traditional mall/shopping-center offering various shops, hairdressers, food courts, and even cafes. As it is linked right to the metro station, connecting it with the underground city, it is extremely easy to visit and you don't have to walk home carrying two to four bags of clothing.

1455 Rue Peel, Montréal

+1 514 842 7777

www.lcmr.ca

LAURA ALINE JEWELRY

With all the clothing and food shopping, you might also feel the need to decorate that same clothing with some silver and gold. You can find everything you need at Laura Aline, a store owned by mother and daughter who offer expert advice. All kinds of jewelry are offered here from classic to modern, so you can pick anything your personal taste likes most.

1117 Rue Ste-Catherine O #205, Montréal

+1 514 507 6118

www.lauraaline.com

Monday to Wednesday: 10:30 - 17:30 Thursday to

Friday: 10:30 - 19:30 Saturday: 10:00 - 17:00

Sunday: 12:00 - 17:00