

### QUEBEC CITY

It all started in 1535, when Jacques Cartier landed here, and eventually the first wooden fort and fur trading post were created. Ever since, Quebec has become an immense city offering beautiful views, architecture, and food. Visit the famous Chateau Frontenac, which is also the world's most photographed hotel, or visit one of the other 36 different national historic sites which are all a sight to behold. When walking through the Old Port or the Plains of Abraham it is almost possible to feel and touch the history that made this the capital of its province. Whether it is summer or winter, both seasons are able to create an unforgettable experience!













### ESSENTIAL INFORMATION



### ELECTRICITY

The electrical supply is 110 Volts and 60 Hertz.

### TELEPHONE

Area Code: 418 Dialing code: +1 418

### CAR RENTALS

There are several options to rent cars:

Budget Location d'autos et de camions - +1 581 500 0341 Enterprise Rent-A-Car - +1 418 660 0793 Discount Car and Truck Rentals - Charny - +1 418 832 4586

### TAXICABS

Taxi Laurier - +1 418 651 2727 Taxi Coop Ste-Foy Sillery - +1 418 653 7777 Taxi Coop - +1 418 525 5191 Taxi co-op Charlesbourg - +1 581 781 8516 Taxi Coop Beauport - +1 418 661 7711

### PUBLIC TRANSPORTATION

The Réseau de transport de la Capitale is responsible for public transport in the region. An inter-city bus station, with connections to the provincial long-distance bus network, is adjacent to the train station, and amongst others, the services of Greyhound Canada and Orleans Express

Rail transport is operated by VIA Rail at the Gare du Palais.

### TIME ZONE

Quebec City resides in the Eastern Time Zone (EST) which is (UTC-5)

# QUÉBEC CITY JEAN LESAGE INTERNATIONAL AIRPORT

The Réseau du Transport de la Capitale (RTC) offers public transportation users an itinerary departing from Québec City Jean Lesage International Airport going to the Les Saules bus terminal from Monday to Friday.

Exact change: \$3.25 One-day pass: \$8.00

If you're arriving by plane, taxis of different companies will lead you from the airport to town or the other way around for a flat rate of approx. CAN34.25\$ before tip.

The location of the bus and train terminal is called Gare du Palais.

505 Rue Principale, Québec +1 418 640 3300 www.aeroportdequebec.com





### DINING



In a cultural city such as Quebec City, there is a heavy influence of various cultures making the most tasteful food you've ever tasted before. Expect influences from France, Italy, and Canadian dishes. Especially the French heritage is felt strongly, not only when walking around in the city, but also enjoying the food. Near the river, a lot of different bistros, cafes, and restaurants can be found. This gives you the chance to enjoy a beautiful coastline and great food at the same time. For example, spend your afternoon at the Musee de la Civilisation and right next, eat a multicultural dinner at Panache.

Or why not travel a bit more into the city center and enjoy a cozy dinner at the Chez Boulay Bistro Boreal. Here you can enjoy a very tasty Planche de charcuterie de la Mer, or a Foie gras de canard de la ferme Le Canard Goulu en terrine. Whatever you are in for, you will be able to find it in Quebec City.

### CONTI CAFFÈ

With a great selection of food, make sure to try out the salmon tartare and the mushroom soup, the taste of Paris will be served right here in Quebec City. The staff is ready to assist you in making choices that fit your mood best and are always serving you with a smile.

32 Rue Saint Louis, Québec +1 418 692 4191 www.conticaffe.com

**RESTAURANT PANACHE** 

Sit amongst the stone walls of a warehouse which lies next to a beautiful river, which dates back to the 19th century. If an intimate and cozy dinner is what you prefer in the evening then look no further. Chef Louis Pacquelin is ready to dazzle you with his exotic and local foods so your taste buds will go on an adventure!

10 Rue Saint Antoine, Québec +1 418 692 1022 www.saint-antoine.com Everyday: 18:00 - 22:00

### CHEZ BOULAY-BISTRO BORÉAL

Experience the Nordic cuisine and get introduced to various kinds of fish mixed into delicious meals. Literally taste the north as all fish are caught and prepared from the same area, like how it used to be in the early days. The selection of fish and meats is large, ranging from bison to wild board to trout and mackerel, take your pick!

1110 Rue Saint-Jean, Québec +1 418 380 8166 www.chezboulay.com Monday to Friday: 11:30 - 22:00 Saturday to Sunday: 10:00 - 22:00

### APSARA

Between the French and Italian influences, there is the Asian influence. Apsara serves various kinds of Asian food ranging from Chinese to Vietnamese and Thai. Not knowing French is no problem as the menu contains pictures next to the descriptions, which means no more stumbling over French grammar and accidentally ordering only the clam with shrimp!

71 Rue d'Auteuil, Québec +1 418 694 0232 www.restaurantapsara.com Monday to Friday; 11:30 - 14:00 Saturday to Sunday; 17:30 - 23:00

LASAGNE ET CUCINA RESTAURANT





A cozy and quaint little café with very friendly staff ready to aid any non-French speaker. Your stomach will thank you later after you ate such delicious food there. The Italian cuisine is served traditionally and with passion, creating an unforgettable experience!

821 Rue Scott, Québec +1 581 742 7800

### RESTAURANT LE COMPTOIR

If you're in for some quality fish and chips, this is the place to be. It will feel like you're on a trip through the UK as you will taste some traditional fish and chips. If fish is not your forté then be sure to try out their smoked meat served with fresh French fries and a salad. Either way, you're able to enjoy a comfortable and casual atmosphere here!

849 Rue Saint-Jean, Québec +1 418 614 5533 www.restaurantlecomptoir.ca/accueil.html

### MATTO

French cuisine is not the only cuisine you can find in Quebec, try out the Italian dishes as well! Matto offers various kinds of Italian-inspired food in combination with healthy salads. Go for a traditional pizza, give the Penne a try, or even their Escalopes. It doesn't end there, and words are not enough to describe their tasty food, experience will definitely confirm it!

71 Rue Saint Pierre, Québec +1 418 266 9444 www.ilmatto.ca

### BACIO CUISINE ITALIENNE ENSLLL

A cozy little bistro serving traditional Italian food. Their huge selection of dishes gives you an incredible amount of options; one visit might not be enough! Give the zucchini soup a try, or the duck with home cut potatoes, all served with high quality. Don't forget the sweet tooth though, choices such as chocolate raspberry torte are irresistible

4252 Rue Saint Félix, Québec +1 418 704 6262

### LES FRÈRES DE LA CÔTE

With friendly staff and great Eggs Benedict, what else do you need? Have a taste of France with the Filet au gratin potatoes as you relax your feet after a long day of walking through the city. If the weather is nice, why not have a table on the patio with an amazing view on the street life, it is all up to you. But whatever choice you make, Les Freres will make it an enjoyable one!

1190 Rue Saint-Jean, Québec +1 514 692 5445 www.lesfreresdelacoteqc.com

### LE CAFÉ DU MONDE

A small cozy café with a quiet setting and very friendly staff able to help out with non-French speakers. A lovely terrace at street level surely brings you into that Parisian feel. Be sure to try out their various seafood meals and their wide selection of ales to put you into that relaxed state of enjoyment.

84 Rue Dalhousie, Québec +1 418 692 4455 www.lecafedumonde.com

Monday to Friday; 11:30 - 22:00 Saturday to Sunday; 9:00 - 22:00



### CAFES



Just like in Paris, Quebec City does an excellent job of creating that Parisian feeling of small bistros and cafes. Beautifully located within the city walls and historical districts, it is a perfect place to lay down your bags and coats, and relax yourself completely. With cozy little cafes such as Le Cafe du Clocher Penche and Le Cafe du Monde, enjoy various kinds of coffee and snacks. Why not try an espresso, or even a double one, and take in the amazing atmosphere that you can feel all throughout Quebec City.

The people in Quebec City know exactly what cozy and relaxing means so you'll find a lot of packed cafe's, often booked completely in the later hours, which really creates that busy Parisian feeling.

### CAFÉ DE PARIS

The name says it all, Café de Paris is ready to offer you that small piece of France on Canadian soil. With a relaxed atmosphere, get ready to relax and sit back as you enjoy a good steak or even just a cup of coffee. With staff that is ready to serve you, do not hesitate with asking questions or anything else you might need!

66 Rue Saint Louis, Québec +1 418 694 9626 www.cafedeparisvieuxquebec.com Daily; 11:00 - 23:00

### CICCIO CAFÉ

Next to impressive French food, there is the Italian side of the city with their amazing restaurants across the old district. Ciccio Café is such an establishment and serves lovely meals such as the Linguine Vongole Ross in combination with a glass of wine, and together with friendly staff they give you a meal you won't soon forget.

875 Rue de Claire-Fontaine, Québec +1 418 525 6161 www.cicciocafe.com Daily; 5:00 - 22:00

### **RESTAURANT HOBBIT BISTRO**

A quaint bistro in the middle of Quebec City, although be prepared to make reservations, the place fills up pretty quickly. A friendly and attentive staff is standing by to make your visit as enjoyable as possible. Whether it is for breakfast, lunch, or dinner, Le Hobbit has a fit for anyone.

700 Rue Saint-Jean, Québec +1 418 647 2677 www.hobbitbistro.com

Monday to Friday; 8:00 - 22:00 Saturday to Sunday; 9:00 - 22:00

### CAFÉ ST-MALO

Enjoy an intimate and cozy cafe that serves traditional French food. Why not leave Canada behind you for a while as you step inside a small piece of France. With nice weather, you can even try to have your lunch or dinner on the patio. Give the cassoulet a try, or the Pave de Saumon, there are many other variations which make you feel as if you were in front of the Eiffel Tower.

75 Rue Saint Paul, Québec +1 418 692 2004 www.lecafestmalo.com

### LE CLOCHER PENCHÉ

Take a well-deserved break after walking all day through the beautiful districts in Quebec City, and enjoy lunch prepared by Cafe du Clocher. Sit down with a cup of coffee and some salmon tartare, or even a pasta du bedeau, the options are endless.



203 Rue Saint-Joseph E, Québec +1 418 640 0597 www.clocherpenche.ca Tuesday to Friday; 11:30 - 14:00 &17:00 - 22:00 Saturday; 9:00 - 14:00 &17:00 - 22:00 Sunday; 9:00 - 14:00





### DO &SEE



Ouebec City is full of history and this can be felt at every turn you take. A good starting point for your journey of exploration is in the middle of Old Québec as you cast your eyes upon the iconic Chataeu Frontenac. Then, take a walk alongside the fortifications of Québec and literally set foot on a piece of history. Once you have acquired that historic feeling, walk on down to Place Royale as you make your way to Quartier Petit Champlain and go on a shopping spree. After all that walking and window shopping, enjoy the green heart of Québec, the Plains of Abraham, as you sit down and relax, realize that you are sitting on what was once a historic battle scene in 1759. Québec City is full of surprises, and you will need all your time to discover what it has to offer, pack your bags, tie your shoes and begin your journey!

### OLD QUEBEC

The beautiful old district in Québec offers a great view on the Chateau Frontenac watching over the city. Here you can find various churches, visit monuments and as you move towards the lower town and you can feel you're surrounded by an actual fortified colonial city. But don't forget to visit all the little shops and restaurants along the way!

Old Quebec, Quebec City +1 418 262 5515 The historic district of Old Québec is on the World Heritage List by UNESCO

### MORRIN CENTRE

A marvellous piece of history is the Morrin Centre. It used to function as a prison but eventually became a language college. Explore the area with a guided tour and be amazed by the old jail cells and the Victorian library. There are even artifacts there dating back to the 16th century!

44 Chaussée des Écossais, Québec +1 418 694 9147 www.morrin.org

### NOTRE-DAME DE QUEBEC BASILICA-CATHEDRAL

In the heart of the shopping district lies the iconic Basilique Cathedrale, it is inspired by the large French cathedrals. As you walk inside, you are confronted with an impressive altar and its golden trimmings shining brightly in the light. Photos simply cannot capture the true beauty of this church!

16 Rue De Buade, Québec +1 418 692 2533 www.patrimoine-religieux.com Daily 10:00 - 14:00

# NATIONAL MUSEUM OF FINE ARTS OF QUEBEC

Located in the Battlefields Park lies the Museum of Fine Arts. It is a combination of beauty and style; when you look outside you can see the vast green pastures of the park while inside you can be amazed by the astonishing art. You'll be amazed that even the building itself is a grand work of art!

Quebec City, Québec G1R 5H3 +1 418 643 2150 www.mnbaq.org

### LES PROMENADES FANTÔMES

Experience the city at night with a ghostly walking tour that will take you through the Old part of Quebec. The story told revolves around Marie as she tells the story of her life and death, and the crimes and punishment during her time in Quebec City. Along the way, several other characters will pop up and greet you in a way true to the theme.



12, rue Ste-Anne, Quebec +1 418 692 0624 www.promenadesfantomes.com The stories told are not suitable for children

### **BASSE-VILLE**

If you've ever wanted to go to Paris without leaving America, then this district in Quebec City is the place to be. With its many bistros, take a stroll through the quaint little alleys as you listen to the various street musicians. Apart from relaxing, there are many different shops that sell all kinds of goods from clothing to souvenirs.

Basse-Ville, Québec

### LA CITADELLE DE QUÉBEC

When visiting Quebec City, learning about the history in the citadel is a must for any tourist. As the location is still used as an active military installation you will really experience an authentic feeling. Every day at 10:00 there is a changing of the guard which you can view during a tour at that given time. The guided tours are mandatory but very entertaining and interactive!

1 Côte de la Citadelle, Québec +1 418 694 2815 www.lacitadelle.qc.ca

#### MONTMORENCY FALLS

On the edge of the inner city are the Montmorency Falls. Be witness to a powerful force of nature, the sound of rushing water as it cuts through stone and forest. Take a walk over the bridge for an amazing view, or go across on the bank and get an impressive view on the waterfall itself.

Montmorency Falls, Quebec City +1 418 663 3330

### www.sepaq.com

Monday to Friday: 9:00 - 17:00 Saturday to Sunday: 9:00 - 12:00

### HÔTEL TERRASSE DUFFERIN

The river through Quebec is one of the most impressive views you'll find in the city. The Dufferin terrace provides this for you, and at the same time you can enjoy a drink. Various musicians and singers are performing there daily for your entertainment. Take a load off as you relax on one of the many benches overlooking this powerful force of nature called the St. Lawrence River.

6 Place Terrasse Dufferin, Québec +1 418 694 9472 www.terrassedufferin.net

### QUARTIER PETIT CHAMPLAIN

It is difficult to mix both history and modern together, but at Quartier Petit Champlain they managed to do it in a great way. This area is full of boutiques, art galleries, and restaurants, making sure you can spend a very enjoyable day here. As you walk the cobblestone roads, you will begin to realize that this is the oldest neighborhood in North America!

61 Rue du Petit Champlain, Québec +1 418 692 2613 www.quartierpetitchamplain.com 9:30 - 21:00



### BARS & NIGHTLIFE



Looking for a party or something to relax the night away? Within the Old District of Quebec City, there are so-called "boites a chansons" which can be identified as live venues that have singers and musicians playing folk music. This makes the inner city come alive as you'll hear the sound of life around every corner. Alongside the music, there are classy lounge bars and various pubs to accommodate you.

Stroll over to rue Saint-Jean for a more relaxed pace and atmosphere where everyone comes together to sit at the local bars and have a quiet drink. Expect to find a highly cultural environment with influences and people from all over the world. There is an option for anyone with any music taste, from opera to dance and rock music. One of your best options might be to go to one of the many festivals taking place each year, but be sure to check the right date!

### LA NINKASI

With a huge rooftop patio, you are guaranteed of a wonderful view as well as being able to relax as much as you want. The staff is friendly and ready to serve you in the quickest manner possible. Don't worry about the city being cold at night, the patio is entirely heated and created a nice and cozy atmosphere, so what are you waiting for?

811 Rue Saint-Jean, Québec +1 418 529 8538 www.ninkasi.ca

JACK SALOON

A traditional bar with American influences serving many varieties of dishes. Apart from serving exotic cocktails such as Limonade Sanglante or a Mojito a la Mangue, you can also enjoy a tasty dinner including a Salade San Francisco or a Filet Mignon. If the date of your travels is in your fortune, you might even be able to attend a themed night such as "Biere, Bouffe &Rock'n'Roll".

1155 Rue de la Chevrotière, Québec +1 418 522 5350 www.jacksaloon.com

### LA PIAZZ BOÎTE À CHANSONS

You might be looking to party, but you're not looking forward to standing all night and a bar on another level of the club. This might be a good time to consider La Piazz where there is live music, plus you have the bar close by where you can grab a drink, have a seat, and enjoy the music!

641 Grande Allée E, Québec +1 418 523 4774 www.lapiazz.ca

### BAR LES VOÛTES NAPOLÉON

Live music, good food, and quality beverages is all a tourist in Quebec City really needs. Les Voutes Napoleon can provide this for you, as well as providing a very relaxing and cozy atmosphere to relieve you of all your stress and aching muscles.

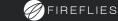
680 Grande Allée E, Québec +1 418 640 9388 www.voutesdenapoleon.com

#### FOU-BAR

Sitting together with tourists from all over the world as live music lightens up your evening. Enjoy local craft beer as you take a seat on traditional bar stools surrounded by classic brick walls. On a busy night you might be sitting shoulder to shoulder, but it is all about being together as one!

525 Rue Saint-Jean, Québec +1 418 522 1987 www.foubar.ca Daily; 14:00 - 3:00

PUB ST PATRICK





A traditional Irish pub in the heart of the capital, easily recognizable by its colorful Irish flags flying outside. Make sure to be there before rush our, because it is a very popular location. Expect to find local brews and tasty French cooked meals.

1200 Rue Saint-Jean, Québec +1 418 694 0618 www.pubsaintpatrick.com

### PUB GALWAY

If you prefer to put your feet up, have a beer and just relax while looking at the busy street life of Quebec City, this is the place to be. There is a great selection of food and beverages, and all staff speaks a good level of English. If it's too cold outside, enjoy the typical pub atmosphere inside with its classic wooden chairs and tables, as well as a dark mahogany bar.

1112 Avenue Cartier, Québec +1 418 522 5282 www.pubgalway.com

Monday; 16:00 - 0:30 Tuesday; 11:30 - 0:30 Wednesday; 11:30 - 1:00 Thursday; 11:30 - 3:00 Friday; 11:30 - 3:00 Saturday; 10:00 - 3:00 Sunday; 10:00 - 1:00 Reservations are recommended due to high demand

### PUB DES BORGIAS

Always wanted to know what locations truly were in the hidden gems section? Pub des Borgias is such a location as it is not that "out there" but still offers a great, relaxing experience. The staff is fast and friendly, try their various kinds of beer and maybe a snack to accompany it for a very enjoyable experience.

12 Rue du Petit Champlain, Québec +1 581 300 9176

### LA KORRIGANE

A small but cozy bar in the city of Quebec serving organic food and they even brew their own beer, what more could you possible need? When the weather allows it, make sure to use the patio to experience the outside atmosphere with a tasty beer in hand! 380, rue Dorchester, Quebec City +1 418 614 0932 Sunday to Thursday; 14:00 - 1:00 Friday to Saturday; 14:00 - 3:00

### QUEBEC PUB CRAWL

What better way to spice up your night by taking on a pub crawl with local guides? With the Quebec Pub Crawl you are introduced to a series of famous pubs within the inner city as you meet locals and other tourists along the way. This is what traveling is all about, meeting new people in different cultures while having a blast!

Quebec City, Québec, Canada +1 418 478 3442 www.quebecpubcrawl.com



### SHOPPING



With it's many picturesque streets and historical buildings, your shopping experience will be one to remember forever. Quebec City has entire streets dedicated to shopping and combined with the immense shopping malls, your money is almost walking out of your wallet on its own!

Visit the Marche du Vieux-Port de Quebec, which is a large market with all kinds of natural products, from fruit to vegetable. But you can also step into Les Galeries de la Capital, one of the biggest malls that Quebec City has to offer which also a has a little surprise for it's visitors; an indoor rollercoaster!

Aside from shopping malls, Quebec City also offers a lot of other shopping options, such as immense art galleries, or handmade glass pieces created in the traditional way. There are even antique toy stores that can awaken the inner child in you. You will be able to spend a lot of time shopping in Quebec, you might even live inside one of the malls after a while!

### LA MAISON SIMONS

The younger brother of the Maison Simons chain in Montreal, but still able to offer a wide range of clothing for both men and women. They offer style and low pricing in one simple combination. It is across from the city hall, so when you're done taking pictures, drop on by and upgrade yourself!

20 Côte de la Fabrique, Québec +1 418 692 3630 www.simons.ca

### **BIBI & CIE, CHAPELIER**

No crazy indoor rollercoasters or expensive brand stores, but a unique hat store with expert staff to help you adorn your head. Many tourists go in with the intention of just looking, but come out holding 1 or 2 hats! It is both the atmosphere and the warm people working there that attributes to a memorable experience.

42 Rue Garneau, Québec +1 418 694 0045 www.bibietcie.com

### ATELIER LES TROIS CORBEAUX

Watch how glass is made in the traditional way and wander their store where they sell everything from wine glasses to jewellery. There is both an exhibition area, where people can watch artists at work, as well as a boutique where glass items can be bought as souvenirs.

58 Rue Sous le Fort, Québec www.troiscorbeaux.com

### GALERIE D'ART FACTORY

An impressive gallery right in the heart of Quebec City. The interesting this is that this gallery is owned by the artists themselves, which means you can talk directly to them and ask questions! If a specific piece of art piques your interest you can buy it right away. The gallery features art from most genres as well as some unconventional pieces in between.

2005 Ch Ste-Foy, Québec +1 418 561 2558 www.galeriefactory.com Wednesday to Sunday; 12:00 - 17:00

### LAURIER QUÉBEC

The largest mall of Quebec City and is located near two other malls as well which makes it possible to spend an entire day shopping. Next to shopping there are tons of possibilities to eat and relax in one of the many restaurants. For a few dollars you can even get your own shuttle service to your hotel!



2700 Boulevard Laurier, Québec +1 418 651 5000 www.laurierquebec.com

### BENJO

A unique toy store in the inner city of Quebec offering all kinds of toys, games, and stuffed animals. It is easy to find the entrance which is marked by a giant green frog standing outside. Whatever your kids desire (and you!) they have it in stock.

550 Boulevard Charest E, Québec +1 418 640 0001 www.benjo.ca

### SI LES OBJETS POUVAIENT PARLER

Shop for your own piece of history right here in Quebec City. The boutique sells carefully selected vintage quality items and distinguishes between both antique and souvenirs. Basically, you will be venturing into a museum which also sells all its pieces at the same time!

367 rue du Pont, Québec +1 418 263 2979 www.silesobjetspouvaientparler.com

### ÉPICERIE J A MOISAN

One of the oldest grocery stores in North America, and when walking inside the authentic feeling washes over you like an ocean wave. You can find everything you need right here, from vegetables, to produce, to spices, and even meats. If you're lost at any point, the skillful staff is ready to help you on your way!

699 Rue Saint-Jean, Québec +1 418 522 0685 www.jamoisan.com

### GALERIE DE LA CAPITALE

This is one of the largest malls in Quebec City and it proves to be true to that description by having entire theme park within. There is a giant indoor rollercoaster that provides an adrenaline rush after all that shopping. Aside from all the various clothing stores 11 Rue des Jardins, Québec www.galeriesdelacapitale.com

### MARCHÉ DU VIEUX-PORT DE QUÉBEC

Fruits, vegetables, seeds, you name it, they have it. This food market is a large location at Quai Saint-Andre and receives a large quantity of people every day. Apart from vegetables and fruits, there are also freshly baked goods and even cheese and wine!

160 Quai Saint-André, Quebec City +1 418 692 2517 www.marchevieuxport.com